

Karle Medical Group, P.C.

455 Barclay Circle, Suite D

Rochester Hills, MI 48307

T: 248-852-9596 | F: 248-852-9596

Christine L. Karle, D.O.
Rabia A. Cacco, M.D.

Bridget C. Karle, M.D.
Tracey R. Ticcony, N.P.C.

Kristie Burkland, N.P.C.
Malaz Alatassi, M.D.

Denise Gavorin, D.O.
Katie Brubaker, N.P.C.

Allergy Injection Patient/Provider Agreement

For the safety of our patients, we have developed an allergy injection protocol that has a number of requirements for our patients.

- 1) Patient Office Visit Requirement
 - a. First allergy injection at Karle Medical Group requires an office visit with a doctor specifically to address the allergy injection, regardless of last Karle Medical office visit date
 - b. Doctor to review your injection material, dosage and history of reactions
 - c. Involve the doctor in the overall plan so future injections are overseen by the original doctor
- 2) Scheduling Requirement
 - a. Subsequent injections must be scheduled **at least** 1 hour before the last patient of the day
- 3) Patient Requirements for the extracts
 - a. Your full name must appear on the vial(s)
 - b. The strength, contents and expiration date of the allergen extracts must be on the vial and on the injection record
 - c. All extracts vials received by Karle Medical Group must be cool-to-touch. We will not accept extract vials that are at room temperature or warmer as the integrity of the extract maybe affected
- 4) Karle Medical Group requirements for the serum
 - a. Extracts will be kept in the refrigerator, unless otherwise indicated, marked with your name
- 5) Karle Medical Group responsibility for serum
 - a. Karle Medical Group cannot be held responsible for replacing serum lost
 - i. Due to power outages
 - ii. Due to reactions that require termination of injection treatment
 - iii. Due to extended periods of patient non-compliance, rendering the serum expired
- 6) Required documentation from your allergist
 - a. Dates and dosages of injections administered prior to coming to Karle Medical Group
 - b. Schedule and dosage program to be followed for subsequent injections
 - c. A list of standing orders with instructions for starting a fresh vial of extract and for management of missed injections or deviations from the indicated schedule
 - d. Allergists contact information
 - i. For reporting reactions
 - ii. Instructions to be given to you in the case of a spectrum of reactions
- 7) During visits you should expect
 - a. When you come to the office, check in the front desk in the waiting room
 - b. You should not receive an allergy injection(s) if you
 - i. Have become pregnant and have not informed your allergist
 - ii. Have a fever or extended illness

Karle Medical Group, P.C.

455 Barclay Circle, Suite D

Rochester Hills, MI 48307

T: 248-852-9596 | F: 248-852-9596

Christine L. Karle, D.O.
Rabia A. Cacco, M.D.

Bridget C. Karle, M.D.
Tracey R. Ticcony, N.P.C.

Kristie Burkland, N.P.C.
Malaz Alatassi, M.D.

Denise Gavorin, D.O.
Katie Brubaker, N.P.C.

- iii. Are wheezing, short of breath, or having exacerbation of asthma symptoms
- iv. Are taking a Beta-Blocker or a drug containing a Beta-Blocker
- v. If your allergist requires you to pre-medicate before your injection and you have not done so – this will require a rescheduling of your appointment

8) After receiving injections, what you should expect

- a. You must wait 30 minutes and have the injection site checked by the nurse for any reactions before leaving the clinic
- b. Due to the importance of this safety policy, if you fail or decline to follow this policy, we can no longer provide your injections.

9) Reaction Check

- a. Notify your medical assistant if you experience any of the following after receiving your injection
 - i. Runny nose
 - ii. Wheezing
 - iii. Sneezing
 - iv. Flushing
 - v. Hives
 - vi. Coughing
 - vii. Itching
 - viii. Facial swelling
 - ix. Anxiety
 - x. Shortness of breath
- b. Avoid rubbing or scratching the arm in which you received the injection
- c. Upon leaving the office
 - i. Avoid vigorous exercise
 - 1. 2 hours before injection
 - 2. 2 hours after injection
 - ii. If you have any reaction when you leave the office
 - 1. Take an antihistamine
 - a. Claritin
 - b. Zyrtec
 - c. Allegra
 - d. Benadryl
 - 2. Record the time that the reaction occurs and how long it lasts
 - 3. Contact the Karle Medical Group during office hours as early as possible thereafter
 - 4. If the symptoms worsen proceed to the nearest emergency room or call 911

Printed Patient Name

Date

Patient Signature